

# HELP US HELP THEM

Soldiers' Angels is collecting items for deployed care packages & for our VA Medical Center programs.



**Soldiers' Angels would truly appreciate your help and support in donating the following Wish List items for our deployed service members and veterans for Hygiene Kits, Sack Lunches & Care Packages!**

## Personal Hygiene

- Travel Size Shampoo/Conditioner
- Travel Size Toothpaste
- Travel Size Deodorant
- Travel Size Body Wash (no bar soap)
- Travel Size Baby Powder with corn starch
- Travel Size Tissues
- Travel Size Hand Sanitizer
- Travel Size Lotion
- Travel Size Anti-Bacterial Wipes (pack)
- Floss
- Toothbrush (regular individually wrapped)
- Lip Balm/Chapstick
- Hairbrushes/Combs (individually wrapped)
- Denture Cream/Cleaner
- Manicure Sets
- Reading Glasses
- Adhesive Bandages (Band-Aids)

## Sack Lunch/Snack Items

- Single Serving Crackers (cheese/peanut butter)
- Single Serving Chips
- Single Serving Cookies
- Single Serving Nuts/Sunflower Seeds
- Single Serving Peanut Butter (To-Go Cups)
- Single Serving Powdered Drink Mixes
- Granola or Cereal Bars
- Trail Mix (individual packages)
- Raisins
- Fruit Snacks
- Ready-to-Eat Tuna Kits
- Ready-to-Eat Chicken Salad Kits
- Beef Jerky (individually wrapped)
- Candy (no chocolate please)
- Pop Tarts